

ARES THREE DAY "GO BAG"

THE OBJECT OF THE THREE DAY "GO BAG" IS TO HAVE WHAT YOU MAY POSSIBLY NEED DURING A CALLOUT. CHANCES ARE VERY HIGH THAT NOTHING WILL BE AVAILABLE TO US AT THE LOCATION OF DISASTER.

SNACKS, HIGH ENERGY HIGH FIBER

THROAT LOZENGES, LIP BALM, EYE DROPS, AND etc. FOR COMFORT

FIRST AID KIT -- AN EXTENSIVE FIRST AID KIT IS DESIRABLE, ASPIRIN, OINTMENTS, SALVES, SUN BLOCK, FIRST AID TAPE, SPLINT, BANDAGES, PRESCRIPTION DRUGS, AND over the counter drugs (antacids, anti-diarrheal etc.)

Make sure to include FILTER MASKS and HAND SANITIZERS

LOG BOOK, PAPER, AND A FEW PENS AND PENCILS

3 DAY CHANGE OF CLOTHES

3 DAY SUPPLY OF FOOD AND WATER, MIN. OF 1.5 GAL./DAY, MRE'S IF YOU CAN STOMACH THEM,

FLASHLIGHT WITH EXTRA BATTERIES

CANDLES (enclosed preferred), WATER PROOF MATCHES

ALARM CLOCK

ELECTRICAL AND DUCT TAPE

SAFETY GLASSES, EAR PLUGS, HARD HATS, RUBBER BOOTS, GLOVES

LIQUID REFRESHMENTS

MESSAGE FORMS, FSD 244(AT LEAST ICS MESSAGE FORMS)

HEADPHONES

RF CONNECTORS, PATCH CORDS, EXTRA COAX, SWR BRIDGE, ARRL STANDARDIZED (Anderson Power Pole) CONNECTORS, EXTRA ANTENNAS WITH MOUNTS

TOOLBOX, SOLDER AND IRON, A SMALL ASSORTMENT OF HAND TOOLS, SHOVEL, AX GENERATOR, (OPTIONAL)

SHELTER(TENT AND SLEEPING BAG SUITABLE FOR CURRENT SEASON)

TOILET ARTICLES

This is a recommended list and is by no means the gospel. For example, anderson power pole connections will be of little use if your equipment uses something else.